



*DIVISION OF EQUITY AND COMMUNITY INCLUSION
WITH HEALTH PROMOTION & WELLNESS PRESENT*

ICANHELP TRAINING

In this training, faculty and staff will:

- Develop health literacy and suicide prevention knowledge
- Develop skills to intervene when a student is in distress
- Learn about various resources on and off campus

Wednesday, March 3

12:00 - 1:30 pm

RSVP at

bit.ly/ICANHELPMarch

Tuesday, April 6

12:00 - 1:30 pm

RSVP at

bit.ly/ICANHELPApril

Attend one session, space is limited to 30 participants - must RSVP. Those who attend and complete survey will be awarded a \$30.00 Amazon gift card.



OFFICE FOR DIVERSITY
AND STUDENT EQUITY
DIVISION OF EQUITY AND COMMUNITY INCLUSION



HEALTH
PROMOTION
& WELLNESS



@SFStateCares

Contact: Jul Custodio, MPH
Mental Health Educator
custodio@sfsu.edu